



## Bluegrass Wings Team

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## June 2016

*IT'S JUNE AND RIDING WEATHER IS DEFINITELY HERE. SINCE OUR LAST GATHERING WE HAVE RIDDEN THE PERIMETER OF WEST VIRGINIA, TAKEN A COUPLE OF RIDES, VISITED WITH OTHER CHAPTERS AND DEDRE AND I TOOK A VACATION TO ALASKA. SEVERAL OF OUR CHAPTER HAVE MADE ATTEMPTS TO CAPTURE THE TRAVELING PLAQUE AND THOSE EFFORTS FINALLY PAID OFF. CHAPTER C HAS THE TRAVELING PLAQUE. WE ARE VERY FORTUNATE TO HAVE THE RESOURCES WE DO HERE IN KENTUCKY. THE WEATHER HAS GONE FROM COLD TO HOT, WET TO DRY, AND NOW BAKING HOT. PLEASE REMEMBER TO DRESS ACCORDING TO THE WEATHER. OUR PROTECTIVE GEAR IS THERE FOR A REASON, USE YOUR BEST JUDGEMENT AND DRINK PLENTY OF FLUIDS (WATER).*

*WE HAD NINETEEN RIDERS FOR MOST OF THE WEST VIRGINIA COUNTRYSIDE. MANY THANKS TO THOSE THAT CHOSE TO RIDE WITH US. WE SAW SOME BEAUTIFUL COUNTRY ROADS, HAD BEAUTIFUL WEATHER, AND HAD SOME REALLY GREAT MEALS. THANK YOU TO THE STATE OF WEST VIRGINIA FOR YOUR COURTESY AND HOSPITALITY!*

*THE LEAD LIKE YOU RIDE PROGRAM WILL BE IN PIGEON FORGE AT THE END OF THIS MONTH. THIS IS A NATIONAL SEMINAR ABOUT LEADERSHIP AND IT IS OPEN TO ALL THAT WISH TO ATTEND. SPEAKING ABOUT LEADERSHIP, I AM ASKING FOR THE CHAPTERS INPUT AS TO WHAT YOU WOULD LIKE TO SEE WITHIN YOUR CHAPTER. WE WANT IDEAS FOR RIDES, IDEAS FOR GET-TOGETHERS, CHARITY RIDES, ANY INPUT IS APPRECIATED. SEE YOU SATURDAY!!*

*Mike and Dedre VanHoose*





4129 Lexington Road

Paris, KY

Please join us as we  
welcome our newest

## Noise Induced Hearing Loss Does a Winger Need to Worry???

We are all aware that motorcycles have an image problem with the non-riding public. When they think about loud noises they generally think about loud pipes echoing through their neighborhoods. However loud pipes are not the primary culprit when it comes to noise induced hearing loss from motorcycles. At a stop and at low speeds, we can cause our own hearing loss. I am referring to the sound of unbaffled mufflers. However, once the speed goes to 40 mph, surprisingly enough it isn't the sound of the motorcycle that becomes a concern. It is the wind noise that becomes the dominant sound and the culprit for damaging your hearing especially when not wearing a helmet.

The noise that motorcycle riders hear at highway speed is largely a function of turbulence. Recent studies have shown that the primary source of helmet turbulence and noise is the chin bar of a full face helmet. When these results were initially confirmed, the anti-helmet lobby latched on to the idea saying that it proved that helmets were bad for riders. However, if one considers the relative aerodynamics of the human head with its ears flapping out in the breeze versus the smoother more aerodynamic shape of a modern full face helmet the fallacy of this argument is readily apparent. The fit of the helmet around its base can leave gaps between the rider and the liner that allows noise access to the rider's ears. Consider this fit when buying a new helmet. Also if the rider has an oval head but chooses a helmet with a round shape there will be excessive space on the sides that affect both impact and noise performance.

The motorcycle helmet industry is researching how to prevent or at least reduce helmet noise. The problem with helmet companies is that no standards are set for the noise that is generated by the wind. Another area of interest in reducing noise induced hearing loss for motorcyclists is the development of noise cancelling technology. Active noise cancellation could come in the form of speakers which use the destructive interference between sound waves to effectively cancel the ambient noise itself. The helmet industry will continue to research helmet noise but in the interim we can be proactive in taking steps to reduce the wind noise before a permanent hearing loss ensues.

Our best and most effective way to reduce our chances of a noise induced hearing loss is the use of ear plugs when riding. Ear plugs can run from \$1.00 to custom made at \$150.00 based on the type and special function of the plug itself. I personally purchased a set of earplugs that blocks the wind noise but doesn't disturb speech frequencies. Therefore I can hear voices through the plugs but the wind noise is decreased significantly. Having a wife who has a degree in Speech Pathology and Audiology has certainly brought my level of awareness up to the importance of hearing conservation but is something that most of us don't think about. As an avid rider every motorcyclist should invest in earplugs that will reduce the wind noise that your ears are subjected to when you ride. As educated motorcyclist, please guard your hearing at any cost.

**Ride Safe**

**Alan Ernest KYC Educator**

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**(859)749-7915**



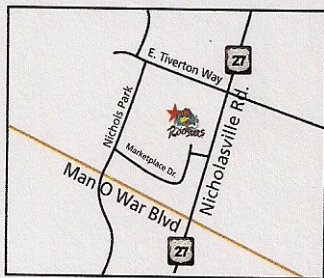
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## Event Schedule Region "A" & Region N

Date	Event
July 14 – 16	South Carolina District Rally
July 22 – 23	WV District Rally & Convention
August 18 – 20	Kentucky District Rally
August 31 – Sept 3	Wing Ding 38
September 22 – 24	North Carolina District Rally
October 6 -8 (not confirmed)	Virginia District Rally
October ???	Mississippi District Rally
October 27 – 29	Region A Rally
November 4—5	Region N Rally, Johnson City TN

Fellow Co-Riders,

A few of us girls got together and discussed options for our Co-Riders Choice ride while our riders went to West Virginia. Think about this and we'll discuss at our Saturday gathering. Option 1: Go to Berea, KY for the day. There are a couple of shopping areas where we can walk around and do our thing, then ride to the next and do it again. Lunch and/or ice cream are also on the agenda. Option 2: An overnight trip to Brown County, IN. Leave Saturday morning and come home Sunday afternoon. I'll do some research and price the hotels in the area. Four wheels are welcome on both options!

Mike and I thank you for attempting to get the plaque while we were on vacation! It was good news to hear that we have both the plaque and the mascot for our next gathering!

The Blast will be here before we know it! If you pre-register before 7/15, you will get a free dinner Friday night, a free grand prize ticket and a free trailer ticket. (\$7 savings and a guaranteed meal for Friday night.) The meal is pulled pork, baked beans and cole slaw. Registration forms are on the District website ([www.gwrraky.com](http://www.gwrraky.com)). The Blast is Friday and Saturday (Aug 19 & 20) and keep in mind that Cave City is Central Time. The Mammoth Cave Niagara Tour is not on the website yet, but it will be a pre-registration and payment as well. We will need some workers during the Blast, so please let Dedre know when you plan to be there.

We have a Chapter C display table at the convention center. Please print any fun Chapter C pictures that you have taken and give them to Karen or Lily.

DUE TO THE BLAST SCHEDULED DURING OUR NORMAL GATHERING DAY, OUR AUGUST GATHERING IS NOW A WEEK LATER ON SATURDAY, AUGUST 27. Eat at 11:00am, meet at noon.

## Chapter C Birthdays and Anniversaries

### Birthdays

Dedre VanHoose	06/01
Randy Coy	07/01
Shea Ernest	06/28
Connie Jones	07/06

### Anniversaries

Russ and Sam Bell	07/21
Tom Del Bello and wife	06/17
Jonathan and Connie Jones	06/27



I just had to add this picture into our newsletter. Last week we took our family to Alaska for a cruise. This was the first time my mother (third person on the right) had ever been on a cruise. 78 years old and just now really experiencing our beautiful country. She had a great time and so did we. Pictured are Dedre, myself, Ben, Dedre's mother Roberta with our brother and sister in law Len and Renae Clevenger. We are at the Pinnacle Grill for dinner and the food was fantastic! Our ship was the Holland America Westerdam.



Hello Fellow Wingers,

06/14/16

I want to say it is great to be enjoying the heat of summer finally, although it can be tough riding weather. No matter how hot it gets you still want to ride as safe as possible when it comes to protection from road rash if you would have an accident. Last year I purchased a couple of riding jackets from one of the internet shops and they have worked out great for the Alice and me for hot weather. They are the mesh type with body armor added that allows the air to flow. Another added bonus to the mesh is that it protects you skin from direct sun and still allows some cool air to flow. Mine has a zip in liner for those cooler times of the day when the sun is not out and it is the high visible green. Alice's jacket does not have the liner option but it is hot pink and she looks good in it. It would be nice to get one jacket to cover all of the possible ride conditions but you might have to pay big bucks for one. Both our jackets were under \$100 each and so far they have worked out well.

Also for this time of year it would be wise to carry some rain gear if you wander more than a couple of hours from home. You know Kentucky summer weather can produce rain and a thunder storm in a short time so be prepared. Something to consider would be a compact rain suit that would be comfortable to get you home if within a couple of hours or something more robust if you are traveling further away. On the recent District ride we encountered about one hour of rain our first morning then the weather was good until day 3 when we had about 6 hours of riding in the rain.

The district ride was a blast regardless of the rain so that shows being prepared for the weather will allow you to enjoy your ride. Don't forget that no matter what the riding conditions are, an accident will happen when you least expect it so be prepared to protect you skin and body as well as you can.

I'll close with a reminder to tell all your friends, neighbors, relatives and anyone else for that matter how much fun you are having with our Gold Wing group. Invite them to come to one of our chapter meetings or dinners. We need to share the secret as to why we walk around with a big grin on our face.

**Quote: "If you don't ride in the rain, you'll be missing some of the best rides on the other side of it"**

Safe Riding!

Darrell and Alice Hampton

Membership Enhancement Coordinators

Email: [MEC@kybluegrasswings.org](mailto:MEC@kybluegrasswings.org)



**ON-SITE CLASSES AVAILABLE**

*Thanks for stopping in!  
Check Out Some Of Our Great Events*

**Dogs & Discounts**

**Thursday Night Bike Night:**

Every Thursday 5pm-6pm with FREE food and parts discounts throughout the store.

**Off Road Ride / Demo Day:**

We will be holding an Off Road ride at Wildcat Off Road Park the first weekend of October. Arctic Cat will be bringing out a few ATV and Side X Sides to take for a spin. We will provide a FREE lunch also, so mark your calendar this will be an event you do not want to miss!

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## From our Ride Coordinator and Webmaster– Roger Early

.May was a busy but fun month for our Chapter and District. On May 12<sup>th</sup> we had a ride to Gibby's in Frankfort. We had great weather and we were able to enjoy supper on their outdoor patio area. It was a very relaxing and enjoyable evening.

We planned ride to the Great Saltpetre Preserve on 5/14 but unfortunately we got rained out. The Preserve is only open to the public once a year so maybe we can make that ride next year.

May 20<sup>th</sup> and 21<sup>st</sup> we had a choice of 2 events. The Kentucky District Ride-in was held in Elizabethtown and the Region N Ride "N" was held in Marion, Virginia. I could not attend either even due to a graduation celebration but I understand the Region Event included some good riding in the area so I am hoping we can go next year even though it may be at a different location.

The month ended with our District Ride around the perimeter of West Virginia. We had 4 bikes, 7 trikes and 1 side-car rig on the ride and had 17 participants. We had some rain at the start of the ride and some warm temperatures but the group had a great time and enjoyed some very peaceful scenery in West Virginia. I traveled about 1400 miles from the time I left home until I returned. We traveled in Kentucky, West Virginia, Ohio, Virginia and Maryland. I hope I can participate in next year's ride. All of us who participated really appreciate all of the effort Mike put into planning and leading the ride. It was a great time. If you want to see some pictures and videos from the ride please check out the "Photos" page on our district web site at gwrraky.com. Here is a picture of the group at one of our stops:



Already in June we had 2 charity rides planned. I don't know if anyone was able to ride in the Cruise for Kids on 6/4, I decided not to ride due to the threat of storms. I hope they had a great turnout and a safe ride without storms. We also had a chance to ride in the "Ride for the Cure" sponsored by Kentucky Motorsports and Outdoors. Karen and I decided to go to Louisville to compete for the Couple of the Year mascot so we did not attend that ride. Once again, I hope they had a safe ride with lots of participants.

We had a group travel to Chapter A's meeting on 6/11. Karen and I went to try to win the Couple of the Year Mascot and we had Earl, Jeff, and Darrell join us so we could compete for the District Traveling Plaque. We were the only Chapter present so we won both. Here is a picture of the winning group.



We have several Chapter and District events coming up. They include:

- June 18 – Ride to the Kentucky Fudge Company in Harrodsburg
- July 2 – Ride to Cave City to explore the area where the Kentucky Blast will be held.
- July 16 – Ride after our Chapter Gathering – I am still working on the destination
- July 30 – Co-Rider’s Choice Ride (Co-Riders please get your ideas to Karen!)
- August 2 – Ride to Casa Café in Richmond
- August 19 and 20 – Kentucky District Blast
- August 27 – Ride for Life in Versailles

For more information about the rides and future dates please see our events calendar at <http://www.kybluegrasswings.org/events/>. The calendar also includes the various Chapter Meetings and the Region Events. If you have any questions or corrections, please let me know.

If you want to see some of the photos from our past events, check out the following page: <http://www.kybluegrasswings.org/photos/>





## Information from your Membership Enhancement Coordinator

Lets got out and VISIT our fellow chapters. Here is a list of when and where they meet. It's FUN to make new Friends.



**Chapter A** Meet on the 2nd Saturday of the month at Mark's Feed Store at 6501 Bardstown Road in Louisville. They eat at 11:30 and meet at 12:30.



**Chapter B-1** Meet on the 4th Sunday at Ryan's Steakhouse at 1921 Mel Browning Street, Bowling Green, KY 23104. Eat at 4:00 pm and meet at 5:00 PM.



**Chapter C** Meet on the 3rd Saturday of the month at Roosters. This is at the intersection of Nicholasville Road and Man O War in front of Walmart. Eat @ 11:00 AM and meet @ 12:00.



**Chapter G** Meet on the 2nd Tuesday at the Golden Corral, 4770 Houston Road Florence, KY 41042 Eat @ 6:00 pm, Meet @ 7:00 pm



**Chapter H** Meet on the 1st Friday of the month at the UK Shelby County Extension Office, 1117 Frankfort Road, Shelbyville, KY 40065 Meet @ 6:30 pm



**Chapter S** Meet on the 2nd Sunday of the month at Golden Coral U.S. 31 W. Elizabethtown, KY Eat @ 4:00 PM, Meet @ 5:00



**Chapter T** Meet on the 3rd Saturday of the month at Carriage House Ramada Inn Paintsville, KY Eat @ 6:00 PM, Meet @ 7:00



**Chapter W** Meet on the 1st Tuesday of the month at Frischs in London off Highway 192. Eat at 6, meet at 7.



**Chapter Y** Meet on the 1st Thursday at Majestic Family Restaurant 700 S. 6th St. Mayfield, KY 42066 Eat @ 6:00, Meet @ 7:00

**Look at the Chapter Gathering days as we will try and to visit them all sometime.**