



Chapter KY-Y  
Mayfield, Ky.



July 2025

Volume 25 Issue 7

Where We Meet: Majestic Family Restaurant  
700 South 6<sup>th</sup> Street  
Mayfield, KY 42066

Eat at 6:00 - Meet 7:00

First Thursday of the Month

Chapter Directors:  
Dan & Rita Bondurant  
[danbondurant@bellsouth.net](mailto:danbondurant@bellsouth.net)

Pins & Patches:  
Open

Rides beginning at the "Blue" Building:  
901 N. 15th Street, Mayfield  
(hint: the building isn't blue!)



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Open

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2025 Individual of the Year  
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## From the Chapter Director



First off thanks to everyone who helped out with the 2025 KY Ride Inn. Helping with rides, snacks, gift baskets & other things that just needed done. All the State Staff said the event center, the rides and especially the food was great.

Turn around twice and it will be August and time for the KY Blast at General Butler State Park in Carrollton, KY August 14th, 15th & 16th. As of now Rita and I along with Steve and Jennie, Richard and Johnny and Sherry plan to go.

We've had so much rain lately and now we are going straight to mid 90's with heat index of 103-105. If you do have to do anything out side please hydrate and take it easy.

As always if you see or know of someone who rides and it doesn't matter what they ride invite them to join us.

Dan and Rita  
Chapter Y C/D's  
KY Assistant State Director

## View From The Saddle



The 2025 Ride In is history, and from my viewpoint, it was a good one. We had quite a few people attending and although the weather wasn't ideal, we did have some good rides thru our part of Kentucky.

I guided a tour from the Lakeland Event Center thru Eddyville, Princeton, Dawson Springs and through the back country to Crofton. Riders could see concrete slabs where houses used to be in both Princeton and Dawson Springs as a result of the December 10, 2021 tornado that devastated homes and businesses along a 200 mile long path. When we arrived in Dawson Springs we were greeted to a downpour. The rain continued on and off but mostly on.

We made a pit stop in Crofton and from there we wound back thru my favorite country to ride in here. I had hoped to stop by a raptor rehab center but just before the Ride In the folks who operate the center told me they were closing due to their health and age. I always honk as I ride by, just to say hello, so we all honked as we rode by! I hope they were home to hear so many Hellos.

We returned back to the Lakes area and I had added one stop at the Vulcan rock quarry near Grand Rivers but after checking my radar I could see that more rain was rolling in. We had stopped for lunch at La Fiesta Acapulco in Dawson Springs and, feeling confident that the rain was over, had taken off our rain gear. So I decided to skip this stop and try to get everyone back before the rain hit. And if we had only 5 minutes more time before it hit we would have made it. But it wasn't raining too hard when we dismounted and headed back inside.

Day 2 had rain in the vicinity again, especially to the east, where we were headed. So I suggested we suit up before we left. This time, I stopped at the rock quarry on the way out so everyone could see the spectacular sight of a hole in the ground 600 feet deep, 1 mile long and 1.5 miles wide. The rain that day was lighter but I was glad I had my rain suit on. At our pit stop in Crofton we found an accident blocking the intersection where the only stoplight in town hangs. We were able to work our way around them, make our pit stop, and, following the directions of the Sheriff's deputies, continue on our route.

As we passed the raptor rehab center everyone joined in honking Hello. We had another great lunch in Dawson Springs at La Fiesta Acapulco. Again, I could see rain on the radar ahead of us so most of us suited up but, thankfully, we only hit so light sprinkles.

When you lead a group of riders you are responsible for their safety. The folks following me on those 2 rides did a great job making my task easy. My thanks to Steve Holder and Leslie serving as my "tail gunner" on the first ride and Rick Artmayer watching our backsides the second day. I'd lead a ride with you folks as "tail gunner" any time, any where.

Steve Knode  
Newsletter Editor

# Rider Education Report



A panda walks into a bar and gobbles some beer nuts. Then he pulls out a gun, fires it in the air, and heads for the door. "Hey!" shouts the bartender, but the panda yells back, "I'm a panda. Google me!" and continues out the door. Sure enough, panda: "A tree-climbing mammal with distinct black-and-white coloring. Eats shoots and leaves."

This month I would like to present information about the environmental concerns of our sport. As an outdoor activity, we are subject to all the critters Mother Nature has seen fit to provide. Some of these pests can cause irritation and distraction, but there are things we can do to lessen their impact on our fun.

Let's examine the Mosquito. Although science has yet to pinpoint what mosquitoes consider an ideal victim, there is a tremendous amount of research being conducted on what compounds and odors people exude that might be attractive to mosquitoes. But with 400 different compounds to examine, researchers are just beginning to scratch the surface.

It's not dinner they are sucking out of you. While male mosquitos do not bite people -- female mosquitoes bite us to harvest proteins from our blood to develop fertile eggs. People with Type O blood are bitten nearly twice as often as those with Type A, while people with all other blood types fall somewhere in the middle. Mosquitoes locate their victims using an organ called a maxillary palp which detects the carbon dioxide in a person's breath from as far away as 164 feet. As a result, people who simply exhale more of the gas over time—generally, larger people—have been shown to attract more mosquitoes than others. This is one of the reasons why children get bitten less often than adults.

In addition to carbon dioxide, mosquitoes find victims at closer range by smelling the lactic acid, uric acid, ammonia and other substances expelled via their sweat, and are also attracted to people with higher body temperatures. Strenuous exercise increases the buildup of lactic acid and heat in your body. Genetics also influence the amount of uric acid and other substances naturally emitted by each person. People with high concentrations of steroids or cholesterol on their skin surface attract mosquitoes. Pregnant women have been found to attract roughly twice as many mosquito bites as others, likely because they exhale about 21 percent more carbon dioxide and are on average about 1.26 degrees Fahrenheit warmer than others.

Other research has suggested that the particular types and volume of bacteria that naturally live on our skin affect our attractiveness to mosquitoes. This might be why mosquitoes are especially prone to biting our ankles and feet as these areas naturally have more robust bacteria colonies.

Just a single 12-ounce beer can make you more attractive because drinking alcoholic beverages increases the amount of ethanol excreted in sweat, and it increases body temperature.

Mosquitoes use vision in addition to scent to locate humans, so wearing colors that stand out (black, dark blue or red) may make you easier to find. To minimize your risk of being

bitten, wear clothes that cover exposed skin. Insect repellants made with the chemical DEET or Picaridin have been proven effective to repel mosquitoes. As a natural alternative, mosquito plants and citronella candles work well too.

In summary, if you are a Type O, exercising, pregnant woman in a black shirt, I suggest staying indoors. For the rest of us, stay clean, drink water, wear light colored clothing, and use an effective insect repellant. Be sure to stock the first aid kit on your bikes with itch relief for when these pests get past your best efforts of prevention.

Richard Artmayer

KY State Educator

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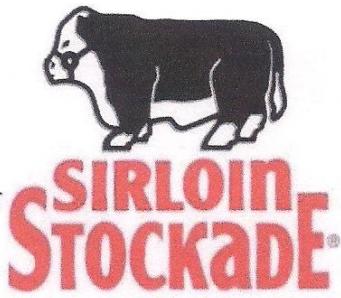
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# July

*Sun*

*Mon*

*Tue*

*Wed*

*Thu*

*Fri*

*Sat*

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Chapter Gathering  
Majestic Restaurant

Happy  
Independence Day

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Snappy Tomato  
Mayfield

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Willow Pond  
Eddyville

**2025**