



Chapter KY-Y Mayfield, KY

October 2025

Volume 25 Issue 10

Where We Meet: Majestic Family Restaurant
700 South 6th Street
Mayfield, KY 42066

Eat at 6:00 - Meet 7:00

First Thursday of the Month

Chapter Directors:
Dan & Rita Bondurant
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Pins & Patches:
Open

Rides beginning at the "Blue" Building:
901 N. 15th Street, Mayfield
(hint: the building isn't blue!)



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Open

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2025 Couple of the Year
Dan & Rita Bondurant
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2025 Individual of the Year
Mae Cope
maec@mediacombb.net

**Chapter
FINDER**



From the Chapter Director



Can You believe it we have had some kind of wet stuff falling from the sky, I actually had to mow my yard this week. Mainly it was just where the septic lines run but it did need mowing.

The Farmers are in high gear now so please watch out for them and things in the roadway.

I know I say this over and over this time a year, but please watch out for deer, a friend of mine and I came up on a bad wreck last Thursday night, a couple hit a deer on their way home from a meeting they had attended and passed away!!!

It's a great time temperature wise for riding so get out and do a little riding even if you can't ride for 3 or 4 hours, just 45 minutes really helps relax you and give you peace of mind.

As always if you see or know of someone who rides and it doesn't matter what they ride invite them to join us.

Dan and Rita
Chapter Y C/D's
KY Assistant State Director

View From The Saddle



"The best laid plans of mice and men..." I remember this line from High School but had to look up who wrote it; Robert Burns. My plans included a ride to North Carolina with our friends from Wyoming but they had a conflict and couldn't make it. I told them we'll try next year.

Next planned ride was to visit my brother in the Texas Hill Country. I was starting to pull stuff together for this trip and had my motel reservation at the midway point. But while I was scratching our house cat's belly she decided to grab my hand in her mouth. She does this regularly with no problem but this time she bit down a little too hard and, with my thin skin, poked a couple of holes in the back of my hand. It bled a couple of drops of blood but I washed it off, put on some antiseptic cream and a Band-Aid and didn't think much more about it. Two days later my hand looked like this:



I called my doctor but he wasn't available so I opted for the urgent care facility in Princeton. They prescribed an antibiotic and sent me home. Later that day the redness was spreading and the hand was starting to swell and I had a temperature of 103 degrees! Jennie thought we should go to the ER in Paducah so I certainly didn't argue with my live-in nurse/wife so off we went to Baptist Hospital.

The doctor there totally disagreed with the antibiotic the urgent care facility prescribed so they wrote up a new prescription AND inserted an IV in my arm with a heavy duty antibiotic. The redness was starting to move up my arm and they wanted to get on top of it before things got really bad. As I'd always heard and learned from 1st hand experience a few years ago, cat bites are the WORST.

I picked up my new prescription on the way home and started taking it. The following day I felt better but the hand hadn't changed much. I visited with the APRN at my doctor's office the next day and she advised me to go back to the ER. When we arrived this time they, again, put me on an IV but said they were keeping me overnight. I spent that day and night and at about 4pm the next day the doctor said my hand was looking better and they'd let me go home. A blood culture was being tested to insure that the antibiotic was doing its job and after a few days the results were negative meaning the antibiotic had stopped the growth of the bacteria. The antibiotic was working.

I'm much better now, thank you for asking, but my trip to my brother's has been postponed. Jennie has a trip planned to meet our daughter, who's living in Mexico, in Boulder, CO to spend several days visiting our granddaughter who's going to CU. After she returns I'll check the weather, etc and see if another trip to Texas can be made. By then it my depend on the weather.

So, like "the best laid plans of mice and men" things can change and you just have to roll with the punches. The cat and I are still on speaking terms, since she wasn't trying to actually hurt me but a word to the wise: if you are bitten by a cat...any cat...watch the area closely and at the first sign of infection go get medical care ASAP.

Steve Knode
Newsletter Editor

Rider Education Report



Rider education is more than just learning tips and techniques in a classroom and then practicing them on a closed course. It is taking what you have learned in the classroom and applying it to your day-to-day riding; making your daily rides a place to practice and polish the skills you need everyday to survive the asphalt jungle. Riding with this in mind, you will notice what works well for you and what needs additional development or a different solution. At work we call this Continuous Improvement, and it is a necessary task required of every employee. I call it Riding to Live, and it is a necessary task required of every motorist to stay above ground.

One of the skills that gets a lot of attention in rider courses is braking. From the dictionary, we get the definition:

braking (noun)

"The action of making a moving vehicle slow down or stop by using a brake." ("Solved 1. (Definition braking: the action of making a moving - Chegg")

This of course should not be confused with "breaking" which is defined as any action of separating, damaging, or interrupting something. In fact, there seems to be a correlation between the two words. If you are not good at "braking" you may find that you will become experienced in "breaking".

In the several and various rider courses I have completed, braking has always been a focus. For standard arrangement controls (hand brake on the right, generally controlling the front brakes, and foot brake on the right, generally controlling the rear brake) the best stops are performed using both controls in proper measure. How much of each control you use can depend on the speed you are traveling, the available traction (which depends on the weather and the condition of the road surface), and the condition of your equipment (motorcycle). The rider courses always stress the proper technique for braking, especially with the hand brake control. The beginner technique is to always use all four fingers to squeeze the brake lever. This is for several reasons:

- Maximum grip strength requires all four fingers (and this is REALLY important if you find yourself stopped on the side of the road in a windstorm in Nebraska)
- Having maximum strength available allows the operator to better modulate the brake for smoother and shorter stops

- All four fingers on the brake lever mean no fingers are stuck between the lever and the bar grip, which could prevent maximum lever throw and thus maximum braking force being applied resulting in longer stopping distances
- All four fingers on the brake lever also mean no fingers wrapped around the throttle, which will remove the ability of the engine to work against the brakes

There are also times when less than four fingers can be a benefit. The last few months I have been purposefully trying different numbers of fingers to learn where this works better for me. I have found that with two fingers:

- I can cover the brake during most riding scenarios which allows good throttle control yet almost instant response to a perceived threat
- Rev matching while down shifting, especially just before entering a turn
- Faster and smoother transitions between braking and acceleration when riding becomes “spirited”
- Smoother parking lot maneuvers when more than just the foot brake is needed

Braking is a skill that you never need to use – if you never start your motorcycle. Any other time, it may be the most important skill to learn. Good braking technique is what separates a good rider from, well, breaking and becoming broken. Every ride ends in a stop. Please practice this skill, stay safe, and stay together.

Richard Artmayer

KY State Educator

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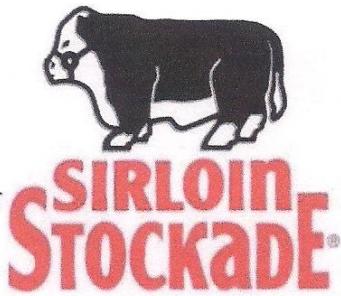
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October

Sun

Mon

Tue

Wed

Thu

Fri

Sat

1

2

3

4

Chapter Gathering
Majestic Restaurant

5

6

7

8

9

10

11

Just Burgers
Paducah

12

13

14

15

16

17

18

Columbus Day
Indigenous People's
Day

Willow Pond
Eddyville

19

20

21

22

23

24

25

Cook Out
Murray

26

27

28

29

30

31

Los Pinos
Mayfield

Halloween

2025